SUMMARY OF THE COURSE

in master's programme Biomedical Engineering Course 322.018 Cardiovascular System Dynamics

Summary of the complete lecture

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1.1 Basic Physics of the Circulation

Pressure in liquids

	1 1	
Designation	Cause	Picture
Hydrostatic pressure	Pressure is applied from out- side (e.g. filling a pressure cylinder)	
Pressure caused by gravity = gravitational pressure	Is caused by the weight of the liquid (e.g. emptying water tank)	
Dynamic pressure	Is caused by acceleration (e.g. water pipe)	

Table 1: The three possibilities of pressure of liquids

Unit of pressure

The international unit for pressure is Pa (= Pascal).

$$P = \frac{F}{A}$$

 $\begin{array}{l} P...Pressure \; [Pa] \\ F...Force \; [N] \\ A...Area \; [m^2] \end{array}$

Pa	mmHg	meter water column	bar	Atm
100 000	750	10.197	1	-
133	1	0.0135	0.0013	0.0013
101 300	760	10.33	1.013	1

Table 2: Conversion table for different units

Pressure measurement Basic principle

Table 3: Pressure gauges with	liquid column	(mercury or water)

Designation	Measuring device	Functionality	Picture
Absolute pressure	Barometer	At the top the glass cylinder is closed and at the bottom it is open. Due to gravity the liquid sinks to the bottom, the air pressure counteracts this via the open end.	
Relative pressure	Pressure gauge	U-tube pressure gauge. Due to the pressure dif- ference on the two sides of the U, the pressure al- ways shifts to the open side of the pipe until a balance of forces is re- stored.	150 50 mm Hg
Differential pressure	Differential pres- sure indicator	Different pressures act on the liquid in the pipe from both openings of the measuring device. Where the pressure is higher, the liquid column is lower.	
-	Mechanical or electrical pressure measuring device	The fluid bends a mem- brane in the measuring device.	

Strain (Druck)

In veins, the vessel wall must exert a balancing force against the prevailing pressure. This causes tension in the wall. This tension is proportional to pressure, radius and wall thickness. The following formulas result from this.

for cylindrical objects	for spherical objects	Definition	Picture
$\sigma = \frac{P \cdot r}{d}$	$\sigma = \frac{P \cdot r}{2 \cdot d}$	σwall stess [] PPressure [Pa] rradius [mm] dwall thicknes [mm]	

Table 4: Rule according to Laplace

- 1. Stress: Force/area
- 2. Tension: Force per length
- 3. Strain: Relative change in length due to stress

The Laplace rule is important for the clinical treatment, not following it can result in various negative consequences for the patient. This is the most important one:

- at the same pressure the tension increases linearly with the diameter of the vein.
- the tension in the wall increases when the wall is thinned.

Due to the elastic properties of the vessel wall, increased stress leads to elongation (increase in vessel diameter). This relationship is highly non-linear, due to the effects of both the elastin and collagen components.

Flow, continuity equation

The following relationships apply to liquids. Of particular clinical interest is the fact that, in closed vessel systems, A*v=const. applies to every cross-section.

$$Q = A \cdot v$$
$$v_{mean} = \frac{Q}{A}$$
$$A \cdot v = const.$$

 $Q...Volume \ velocity \ [m^3/s]$ $A...Area \ [m^2]$ $v_{mean}...Flow \ rate \ [m/s]$

	Crowitz	Ctatia		Definition
Dynamic pressure	Gravity	Static	pres-	Dennition
	pressure	sure		
$P_{dyn} = \frac{1}{2} \cdot \rho \cdot v^2$	$P_{stat} = \rho \cdot g$	P _{hydros}	$F_{tt} = \frac{F}{A}$	$\begin{array}{l} P_{dyn} \dots hydrodynamical \ pressure \ [Pa] \\ P_{stat} \dots hydrostatic \ gravity \ pressure \ [Pa] \\ P_{hydrost} hydrostatic \ pressure \ [Pa] \\ \rho \dots Density \ [kg/m^3] \\ v \dots Flow \ rate \ [m/s] \\ g \dots gravity \ [9.81 \ m/s^2] \\ h \dots high \ [m] \\ F \dots Force \ [N] \\ A Area \ [m^2] \end{array}$
If the friction is z	ero the sum	of the	`	
			;	
pressures (=energy)	also remains o	constant	•	ohne Reibung
$P_{hydostat} + P_{stat} + P$	$P_{dyn} = const.$			Ideale Strömung g=0 p, =p,

Table 5: Bernoulli equation without friction

Viscosity

Viscosity occurs because the liquid adheres to each other (adhesion) and to walls (cohesion). The resulting friction depends on the speed of the individual layers. This friction is also called shear rate.





$$\dot{\gamma} = \frac{dv}{dx}$$
$$F = \eta \cdot A \cdot \frac{dv}{dx}$$

 $\dot{\gamma}$...shearrate [1/s]

 $\begin{array}{l} dv...difference \ in \ speed \ []\\ dx...distance \ of \ the \ plate \ []\\ F...Force \ [N]\\ \eta...dynamic \ viscosity \ [Pa \cdot s]\\ A...Area \ [m^2] \end{array}$

A Newtonian fluid is a fluid with linear viscous flow behaviour. The shear rate is proportional to the shear stress. Non-Newtonian fluids do not behave linearly. Especially in multiphase fluids, fluids with long molecules or fluids with trapped particles, the interactions between the fluid components become very difficult. Blood is a non-Newtonian fluid.

Blood has a viscosity of 0.0035 - 0.0038 Pa*s in fast flowing vessels. This corresponds to a viscosity 3.5 times higher than that of water. As the flow rate decreases, the viscosity increases. In order to reduce the viscosity even in small capillaries and thus also the capillary resistance, the erythrocytes use various tricks such as the Fahraus-Lindqvist-Effect.

Liquids can also flow laminar or turbulent. The transition between these two types is very rapid and can be determined by the Reynolds number.

- 2000 2500 \rightarrow Laminar
- $\bullet \ \text{>} \text{2500} \rightarrow \text{Turbulent}$

The Reynolds number is made up of

 $Re = \frac{Speed \cdot Diameter \cdot Density}{Viskosity}$

Friction in pipes

Hagen Poiseuille's law states that, due to friction on the wall and in the fluid, energy is converted into heat, and this loss of energy is reflected in a pressure drop between the beginning and the end of the pipe.

For laminar currents the following relationship exists: $\Delta P = \frac{8 \cdot Q \cdot \eta \cdot l}{\pi \cdot r^4}$

 $\begin{array}{l} \Delta P...Pressure \ difference \ [Pa]\\ Q...Volumen \ velocity \ [m^3/s]\\ \eta...Absolute \ viscosity \ [Pa \cdot s]\\ l...Length \ [m]\\ r...Radius \ [m] \end{array}$

Vasculature

Table 6: Kirchhoff has established several laws for incompressible liquids, all of which appl

Act	Formula	Definition	Picture
The sum of the incoming volume flows is equal to the sum of the outgoing volume flows	$I_{ges} = I_1 + I_2 + I_3$	ICurrent [A]	
With parallel pipes, the volume flows are inversely pro- portional to the resistance of the pipes	$I_{ges} = I_1 + I_2 + I_3 = \frac{\Delta P}{R_1} + \frac{\Delta P}{R_2} + \frac{\Delta P}{R_3}$	$ \begin{array}{l} ICurrent \ [A] \\ \Delta PPressure \\ differenve \ [Pa] \\ RResistance \ [\Omega] \end{array} $	
With serial combi- nation of pipes the pressure drops add up to the cumula- tive pressure drop	$P = P_1 + P_2 + P_3$	PPressure [Pa]	



Gravity Caused Pressure (I):

Pressure caused by the weight of the liquid column:

The pressure in the veins of the foot in a standing person is similar to that in the arteries at heart level!

The pressure in the veins of the head is negative – Danger of air embolism in patients with head trauma, and in patients with catheters in the jugular vein !

The reference level is the level of the cardiac atria !

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1.2 Invasive Blood Pressure Measurement

Pressure Sensor

A pressure sensor converts the force caused by the pressure into a change in resistance by deforming a membrane.

The sensitivity of the sensors can be improved by a Wheatstone bridge in which the pressure influences the sensors both negatively and positively. In this way undesirable side effects can also be compensated.



Figure 2: Wheatston Bridge.

Tip catheter

In tip catheters, the sensor is mounted in the tip of a catheter and therefore requires no mechanical transmission. This leads to an excellent frequency response. A problem is that zero calibration is not possible at the measurement location.

Invasive blood pressure measurement

As tip catheters are very expensive and do not allow zero calibration, pressure measurements with liquid filled catheters are preferred as they transmit the pressure to a sensor. To avoid clotting at the tip of the catheter, a saline solution must be administered continuously. Additionally the signal is consumed due to the damped oscillating circuit.



Figure 3: Setting an invasive measurement including flush.

Central venous catheter

The main tasks of a central venous catheter are

- 1. Evaluation of the central venous pressure
- 2. Evaluation of mixed oxygen saturation (vena cava superior and inferior)
- 3. Infusion
- 4. Acute dialysis or blood apheresis

Important! Each hose needs a clamp, otherwise air can be sucked in. If the insertion is not tight, bleeding can occur.

Depending on the position of the catheter tip (downstream or upstream), the dynamic pressure caused by the kinetic energy increases or decreases the measured pressure.

Blood Pressure (BP) Classification	Diastolic	Systolic	Treatment
Normal:	<80 mmHg	<120 mmHg	Normal
Prehypertension:	80–89 mmHg	120–139 mmHg	No antihypertensive drug
Hypertension Stage 1	90–99 mmHg	140–159 mmHg	ACE, ARB, β- blocker
Hypertension Stage 2	>100 mmHg	>160 mmHg	2-Drug combination

Figure 4: Classification and management of blood pressure.

Intracranial pressure measurement

Important for diagnostics and therapy monitoring in brain trauma.

Pulmonary artery catheter

This catheter has an inflatable balloon at its tip, which allows the inflow from the veins through the right ventricle into a side branch of the pulmonary artery.

Carbon monoxide (CO) determination by thermodilution

Cold saline solution is rapidly infused into the right atrium and the transport properties in the pulmonary artery are measured. This provides information for determining cardiac output.

1.3 Data acquisition of biosignals: The path from event to computer to reliable result

Sensors

Sensors convert physical and chemical quantities into electrical signals. In doing so, they should fulfil the following requirements:

- 1. high sensitivity
- 2. good biocompatibility
- 3. good dynamic behaviour
- 4. Robustness
- 5. etc.

To detect and display the signals without distortion, the following important points must be observed:

- 1. Selection of electrode/contact gel
- 2. Length, shielding and routing of the measuring cable
- 3. Amplification of all relevant frequencies
- 4. Filtering of disturbances
- 5. sufficient sampling rate (= acquisition time)
- 6. sufficiently good resolution

Accelerometers

An accelerometer consists of a spring-mass combination. The deflection of the mass, when the speed changes, is recorded. As the object oscillates there is a resonance frequency, signals near this frequency are displayed exaggerated.

In order to achieve a sufficiently good receptivity, a minimum size of the measurement dimensions is necessary. This additional weight can in turn influence the movement process.



Figure 5: Schematic structure of an accelerometer.

Picture					Verstärker mit Filtern	nalog-Digital Wandler
Designation	Vessel	Catheter	Pressure Sensor	Manag- ement	Amplifier with filter	Analoge- Digital (AD) con- verter
Function	Measuring object	Mechanica transmis- sion	electrical converter	Measuring line	Level adjust- ment and filtering	Signal conver- sion
Error	Influence of punc- ture pain on the patient	Air bub- bles or constric- tions in the catheter	Incorrect zero point ad- justment	electrical brum/noise	wrong fil- ter limits	too rarely read in; too rude gradation

Table 7: The three possibilities of pressure of liquids

A catheter works in such a way that the membrane in the pressure sensor is moved by the blood pressure in the blood vessel over the fluid column in the catheter. The friction in the catheter tube, the mass of the fluid column and the elasticity of the tube and membrane modify the original signal (resonant system). High frequencies (= rapid changes) are transmitted only poorly, while in the area of resonance of the column an increased transmission takes place.

It should also be noted that the errors and disturbances in the entire transmission chain should be kept as low as possible. Nevertheless it is possible to correct errors afterwards if you know which component causes which error. BUT once lost information cannot be recovered!

Signal level, signal-to-noise ratio

If the interfering signal is in a different frequency range than the wanted signal, it can be reduced by filtering. If the interference is randomly distributed, it can be reduced by repeated measurement or correlation.

	Systematic measurement errors = methodological errors	Statistical measurement errors
Reason of origin	Error in or during operation of the measuring instrument	Random influences with each measurement, always occur with different values
Special feature	Can not be reduced by repeat- ing the measurement. If the error is known, the result may be cor- rected.	Can be reduced by repeating the measurement and forming averages.
Examples	 Bent measuring pointer too heavy transducer wrong choice of filter frequencies Incorrectly taught-in reading of the system 	 Air pressure fluctuations be- tween measurements Noise Non-correlated interference sig- nals
Countermeasure	 Comparison measurements on known quantities/with other meth- ods Checking the measurement con- ditions Modification of the measurement setup 	 Repeated measurement Mathematical correction

Table 8: Comparison of the possible types of errors occurring during measurements

Measuring chain of an invasive blood pressure measurement



- Figure 6: Structure of the measuring chain of an invasive blood pressure measurement with numbering of the individual influencing points which are explained in more detail
 - Catheter Tip Every measurement affects the object to be measured, therefore, care should be taken to ensure high biocompatibility in order to keep this interference as low as possible or not to damage the measuring device. The measurement procedure should be specific and sensitive to make it as insensitive to interference as possible. The catheter tip can exert the following influences on the test object:
 - a) Catheter opening can be placed against the vessel wall

- b) Catheter can fling through the pulsation
- c) Blockage of the catheter due to blood clot
- d) Catheter can irritate the vessel
- Hose line The fluid column is influenced by the interaction of fluid inertia, elasticity of the tubing and sensor as well as mechanical/chemical transmission. The liquid can have the following effects:
 - a) Transmission system can interfere with signal frequencies due to the natural frequency
 - b) Faults can be coupled into the system
- Sensor Depending on the measuring principle, the conversion of the measured variable into an electrical variable practically always has offset, gain and linearity errors. The errors are caused by:
 - a) Pre-expansion of the membrane
 - b) non-linear strain behaviour
 - c) imprecise conversion of signals mechanical/electrical
 - d) Wear and temperature
- 4. Management Cables can contribute to interference in the measurement signal due to electromagnetic effects:
 - a) Brom,
 - b) Radio frequency interference
 - c) Crackling
- 5. Measuring amplifier The measuring amplifier should amplify, monitor (overrange alarm) and condition a precisely defined signal to such an extent that it can be used for further signal processing. Nevertheless, the user must always be aware of the signal properties that are passed on, as these are essential for the respective result. Possible measuring errors of the measuring amplifier:
 - a) Incorrect gain setting
 - b) Poor choice of filter limits
 - c) Excessive load on the sensor
 - d) Output load too high
- 6. AD converter For computer processing, the previously analog signal must be digitized. For this purpose, the signal is measured at specified intervals and converted into a digital value. The following characteristic values are of particular importance:
 - a) Input voltage range: specifies the range in which the signal may be located; if a measured value is above/below this range, the lowest/highest value is assumed
 - b) Resolution: indicates the number of steps into which the measuring range is divided ; indicated in 2n bit

c) Sampling rate = Sampling rate: specifies how often per second the measurement is performed; the sampling rate must be at least double the frequency of the highest in the signal the frequency of the frequency that occurs! (=sampled- theorem of Shannon); if the sampling theorem is not fulfilled, "aliasing" occurs

1.4 Noninvasive Blood Pressure Measurement

Pressure

The blood pressure in the human body can be influenced by two main factors:

- Gravity
- Age of the person

Hypertension (= increased blood pressure without a recognisable cause) can be caused by several factors which can be divided into two groups. Secondary hypertension is high blood pressure caused by another disease.

The pressure distribution depends on the vasoconstriction (= contraction of the vessels) in the arterioles.

Table 9: Factors for high blood pressure, only the most common ones are listed

Secondary hypertension	Risk factors
1. chronic kidney disease	1. Family burden
2. hormonal imbalance	2. Smoking
3. Atherosclerosis	3. Diabetes (Type I or II)
4. Stenosis of the renal arteries	4. Alcohol abuse
5. etc.	5. etc.



Figure 7: Above: Pressure in the left atrium, ventricle and aorta; Below: ECG and heart sounds

The average pulse rate is calculated using the formulas. Heart near arteries:

 $P_{mean} = P_{dia} + \frac{1}{2} \cdot (P_{sys} - P_{dia})$

Heart distant arteries: $P_{mean} = P_{dia} + \frac{1}{3} \cdot (P_{sys} - P_{dia})$

 $P_{mean}...mean arterial blood pressure [mmHg]$ $P_{dia}...diastolic blood pressure [mmHg]$ $P_{sys}...systolic blood pressure [mmHg]$



Figure 8: Blood pressure measurement according to Riva-Rocci with representation of the occurrence of the Korotkow sounds

Riva-Rocci invented the arm cuff. By reading the pressure on the manometer you can determine the systolic blood pressure. Korotkov improved this technique by adding a stethoscope. The Korotkow sounds indicate the systolic blood pressure by their appearance. You disappearing marks the diastolic blood pressure.

Although there are no precise guidelines for cuffs, it should be noted that the width should be 40% of the upper arm and the inflatable part 80% of the upper arm.

Instructions for non-invasive blood pressure measurement on the upper arm:

- 1. Inflate the cuff until the cuff pressure is approximately 30 mmHg higher than the systolic pressure.
- 2. Release the air in the cuff at a speed of approx. 2-3 mmHg/sec
- 3. Occurrence of knocking sounds (Korotkow sound) \longrightarrow Systolic blood pressure
- 4. Decrease or disappearance of noise Auscultatory gap
- 5. Increasing the noise level
- 6. Abrupt start of damping
- 7. Disappearance of the sounds \longrightarrow diastolic blood pressure

Penaz' method: continuous, non-invasive

In this method, the continuous vascular discharge is caused by a constant adjustment of the cuff pressure, this is done by a Proportional-integral-derivative (PID) control. The photoplethys-mograph sends a feedback signal which adjusts the cuff pressure to maintain the vascular discharge.

Some Reasons for Hypertension

Frequently the causes for an higher than normal blood pressure cannot be found. This situation is named **Primarily increased blood pressure** or **Essential hypertension.** In most cases several risk factors are involved such as:

- Familiy history in respect to hypertension, stroke or heart attack;
- Life style such as overweight, smoking, alcohol or drug abuse, stress, low physiological activity

Secondary Hypertension can be caused by deseases such as

- Chronic renal disease or stenosis of renal arteries
- Disturbance of hormone level
- Atherosclerosis and elevated cholesterin levels
- - Ulcer, ...

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1.5 Diagnostics in the Circulation: Measurement Methods for Flow, Flow Velocity and Fluid Volume

The complexity of flows

Pulsatility and eddies can cause complex, stationary local patterns that affect the accuracy of flow measurements.

Table To: Methods for measuring blood now and velocity			
Ultrasonic Doppler	 Electromagnetic flux probes 		
 Laser Doppler Perfusion Evaluation 	 Ultrasonic transit time measurement 		
 Nuclear magnetic resonance 	 Spirometric method (Fick's principle) 		
 Laser-t-Resonance 	 Thermodilution (Swan-Gantz-Catheter) 		
 Optical plethysmography and oximetry 	 Semiinvasive contour analysis 		
 Impedance Plethysmography 	 Angiography, Scintigraphy 		

Table 10: Methods for measuring blood flow and velocit
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Ultrasonic Doppler

An ultrasonic beam with a certain diameter is directed into the vessel under examination. The movement of the particles causes the echo signal to be shifted in frequency. However, since there are many echoes that come back from different distances (and depths of tissue), there are different methods of analysis.

The ultrasound is produced with quartz crystals which have a dipole structure. By an electrical excitation these structures contract, the piezo mechanical effect is used for detection. If the transmitter transmission is stopped, the crystal can be used as a receiver.

Tissue	Speed [m/s]
Air approx. 34	
Water, fat, muscle, brain	1450-1550
Bones	approx. 3600
Steel	approx. 6000

Table 11: Speed of ultrasound in different types of tissue

Continuous Wave Doppler ("CW Doppler")

In this type of ultrasound two crystals are used where one always sends and one always receives. Due to the continuous signal, the time between transmission and reception, which would give information about the distance between sensor and target, is not known. Therefore the maximum frequency shift from the signal mixture is used to determine the maximum velocity within the volume covered by the ultrasonic beam. This type of measurement does not provide depth information but only maximum velocity information.

First the vessel is identified in B (= Brightness) mode, then the beam direction is defined and the CW echo is displayed in an fd time diagram.

$$f_d = 2 \cdot f_t \cdot \frac{v_{bloos}}{c} \cdot \cos \Theta$$

 $\begin{array}{l} f_{d}...Doppler-shift \ [Hz] \\ f_{t}...durch \ gelassener \ Strahl \ [Hz] \\ v_{bloos}...Speed \ [m/s] \\ c...Speed \ of \ ultra \ sound \ [m/s] \\ \Theta...Winkel \ zwischen \ Ultraschallstrahl \ und \ Strmungsachse \ [] \end{array}$

Pulsed Doppler

Instead of continuous ultrasound, sound "packets" are emitted, each containing several oscillations of the carrier frequency. The time between transmission and reception of the signal provides information about the depth of the echo structure.

$$t_{laufzeit} = 2 \cdot \frac{d}{c}$$
$$t_{laufzeit}...[s]$$
$$d...Distance [Hz]$$
$$c...Speed of ultra sound [m/s]$$

Aliasing

If the transmission pulses are transmitted in too close a sequence, echoes from previous pulses can be misinterpreted as if they were caused by a later pulse. This can lead to mixing and mirroring effects and must be corrected by choosing the correct pulse repetition rate and intensity.

Nuclear magnetic resonance (NMR)

During NMR imaging it is possible to determine local blood velocities by means of targeted magnetic marking and subsequent tracking of the marked particles, this is also possible in 3D format.

Laser Doppler Perfusion Measurement

A small sensor is positioned in a place with thin epidermis. The perfusion in the capillary bed can be estimated from the Doppler frequency shift of the light reflected from the capillary bed.

Transmission and reflex plethysmography

A cuff placed around the finger, which contains an infrared diode and a sensor, can measure how much oxygen is present in the blood based on adsorption. The absorption depends on the amount of blood and the change in colour of the erythrocytes due to oxygen saturation.



Figure 9: Image of the cuff for measuring oxygen in blood

Impedance Plethysmography

The fluid content of the vessels, heart and lungs, but also of intercellular and cellular water can be determined by changes in electrical resistance. For this purpose, 2 or 4 electrodes are positioned in the relevant area to measure the difference in resistance. This method is used to measure respiratory and heart rate.

Angiography

By injecting contrast agents during medical imaging using X-rays or CT, the vessels can be visualized including their filling times and possible stenoses or aneurysms.

Scintigraphy

In scintigraphy, radioactively labelled substances are tracked on their way into the tissue and according to the location of their accumulation. This is done with the help of gamma cameras.

Heart minute volume and oxygen transport



Figure 10: Spirometric CO determination

$$\begin{array}{c} CO \cdot [O_2]_a - CO[O_2]_v = VO_2 \\ CO \cdot ([O_2]_a - CO[O_2]_v) = VO_2 \end{array} \end{array} \right\} \quad \text{law of conservation of mass}$$

Pulmonary artery catheter

This catheter has an inflatable balloon at its tip, which allows the inflow from the veins through the right ventricle into a side branch of the pulmonary artery. It enables the measurement of central venous pressure, pulmonary artery pressure and pulmonary wedge pressure.

It can also be used to determine the CO content in the blood. For this purpose, cold saline solution is rapidly infused into the right atrium and the transport properties to the thermistor in the pulmonary artery are measured. This measuring method can only be used in a limited number of cases.



Figure 11: Pulmonary artery catheter in the heart

Invasive flow measurement with electromagnetic probes

If a conductor or a conductive liquid is moved through a magnetic field, an electrical voltage is built up transversely to the magnetic field and the direction of movement (law of induction). This voltage depends on the strength of the magnetic field, the geometry and the speed of the movement.

Due to its disadvantages, such as the sensor has to bypass the entire vessel, electrons have to touch the vessel, etc., this measuring method is hardly used in medicine anymore.

Ultrasonic transit time flow determination with invasive sensors

or accurate and uninterrupted measurement of the time-dependent flow, sensors are wrapped around the vessel based on the ultrasonic transit time effect. This effect is based on the fact that when the signal

- is directed towards an upstream current is slowed down.
- is directed towards a current flowing downstream is accelerated.

The system integrates the information of the local speeds, so an average value is obtained which then represents our signal. However, the accuracy depends on the hematocrit, temperature, vessel thickness and, in the case of tubes, the tube material.



Figure 12: Sensor for flow determination





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2.1 Biocompatibility and Blood compatibility A short Overview

Definition of Biocompatibility

- · Application time: From minutes to days, months and life time
- Durability (Lebensdauer): From resorb-ability (Resorbierbarkeit) to lifelong interia
- Mechanical Properties: Elasticity, Flexibility, Strength, etc.

Biocompatibility is the property of a material to archive an appropriate (*angemssene*) defensive reaction at a specific use.



Figure 13: Virchow's Triad

Tensile stress test (Zugprüfung)

$$\begin{split} \sigma &= \frac{F}{A} \\ \varepsilon &= \frac{(l_1 - l_0)}{l_0} \cdot 100 \\ E &= \frac{\sigma}{\varepsilon} \\ \sigma \dots Tension \; (Zugspannung) \left[N/m^2 \right] \\ F \dots Force \left[N \right] \\ A \dots Cross \; section \; area \; \left[m^2 \right] \\ \varepsilon \dots Strain \; (Dehnung) \left[\% \right] \\ l_1 \dots Deformation \; length \; [mm] \\ l_0 \dots Original \; length \; [mm] \\ E \dots E - module (Elastizitätsmodul) \left[N/m^2 \right] \end{split}$$



Figure 14: Tensile stress test; A elastic region, B plastic region

Yield point (*Streckgrenze*); where material begins to deform permanently. Metall 0,2% Plastics 2% The peak stress which is attained at failure is called ultimate tensile strength (*Bruchfestigkeit*) ductile (*dehnbar*) \rightarrow stretches much brittle (*spröde*) \rightarrow not deform much



Figure 15: Yield point

Stress shielding is when the stress (Belastung) transfer between an implant and bone is not homogenous \rightarrow different E-moduli. It can be came to an bone atrophy (Knochenschwund). To solve this problem you should take an material for the implant with the near same E-moduli as the bone is.

Materials used for implants: Metals

Name	Properties	Disadvantages	Applications	Example
Stainless steel	strong,	corrosion, high e-	artificial hip, os-	CrNiMo
(Edelstahl)	though, duc-	moduls, stress	teosynthesis,	
	tile	distribution	plants, screws	
		(Spannungs –		
		verteilung)		
Titanium	no corrosion		bone/joint, replace-	TiAl6V4
			ment, surgical in-	
			struments, etc.	
Memory alloys	three different		self-expanding	Nitinol
(Legierung)	shapes		stents	
Magnesium			cardiovascular, or-	Mg
			thopaedic	

Table 12: List of different metals an there properties

Materials used for implants: Ceramics

Advantages	Disadvantages
• inert (reaktionsträge)	• brittle (<i>spröde</i>)
• low wear rates (Verschleissrate)	 potential to fail catastrophically
 resistant to microbial attacks 	 difficult to machine (bearbeitung)
 strong in compression 	 very high melting point
 do not conduct heat and electricity 	
 direct bone bonding possible 	



Figure 16: Classification by chemical composition



Figure 17: Can make of combination of metal, ceramics and plastics. Choice what are implant depends on the patient.

Materials used for implants: Plastics

- Synthetic Polymers e.g. Thermoplasts, Elastomers, Duromers, Thermoelastics
- Biological Polymers e.g. Collagen
- Accellularized Matrices

Name	View	Structure	Work
Thermoplastic		molecules linked by intermolecular forces	material softens, when it get heat and returns to original condition when it get cooled
Elastomer	00000000000000000000000000000000000000	molecules are joined (verbunden) by chemical bonds and are slightly crosslinked	high elongation (<i>Streckung</i>), flexi- bility elasticity thermoplastic elastomers melt when heated thermoset elas-
Thermoset		usually 3D net- worked and high degree of cross- linking	irreversibly solidi- fies insoluble (unlöslich)

Table 14: Synthetic Polymers

Name	Туре	Properties	
Polycarbonate	Thermoplastic	good manufacturing proper-	
		ties, durable, limited strengh	
Polymethylmethacrylate	Thermoplastic	high stiffness, good manufac-	
PMMA, Plexiglas		turing properties, sensible to	
		alcohol contact	
Polysiloxane Silicone	Elastomer	compatible to soft tissue,	
		hemocompatibility, limited	
		mechanical properties,	
		lipoabsorption	
Polyurethanes	Thermoplastic and Elastomer	broad spectrum of types low	
		amount of diffusive solvents	
PVC	Thermoplastic	excellent mechanical proper-	
		ties, the includes softeners	
		are genotoxic	
Polyamids	Thermoplastic	excellent strength, surgical	
		sutures (Nähte)	
Polyoxymethylen POM	Thermoplastic	high stiffness, high dimension	
		stability	
Polyethylene Terephatalate	Thermoplastic		
PET			
Polythetrafluoroethylenen	Thermoplastic		
PTFE			
ePTFE	Thermoplastic	porosity	

Table 15: List of all polymers

Biofunctional and bioresorbale polymers

Biofunctional Polymers can be coated (*beschichtet*) with pharmacologically active materials e.g. Anticoagulants, Antibiotics, Growth factors. The coatings can be either catalytic or with a defined released time (*Freisetzungszeit*).

Biomimetric materials: Inclusion of functional groups (e.g. receptors, membranes) into biological materials.



Figure 18: Biomimetric membranes

Nanostructured Materials

Cells are sensitive to the mechanical properties (Eigenschaften) of their environment (Umgebung), so it is necessary to create smaller structures to minimise this negative influence (Einfluss). The increase of the surface layer also helps to improve (Verbesserung) the pharmacological activity.



Figure 19: Proposed impact of nanotechnology

Methods for Nanostructuring

- · Mixing with non solvable agents, to cause foam-like structures
- Lithography¹
- Printing
- Electro-Spinning



Figure 20: Electro-Spinning; By fast moving targets you control the porosity, fiber orientation and biomechanics

¹Lithography = Buchdruck, Druckplatte auf Medium pressen

Material	Applications	Comments	
Quantum dots	Imaging and tracking by fluo-	emitted wavelength depends	
	rescence	on the size of the nanocrys-	
		tal, can be coupled to anti-	
		bodies	
Iron oxide particles	Imaging and tracking by MRI	can be used to generate local	
		heating and kill targeted tis-	
		sue	
Nanotubes	Biomolecular sensors	Cell tracking and MRI con-	
		trast agent	
Gold shells	Biomolecular sensors	Electrocatalysis	
Nanotubes	Drug and gene delivery	multifunctional agents	
Liposomes	Drug delivery	Versatile biodegradable mul-	
		tifunctional paricles	

Table 16: Potential biomedical applications of some nanoparticles

Biocompatibility testing

Standard provided by

- · Norming Institutes, e.g. ISO, EN
- · Health Institutes, e.g. NIH, FDA
- Surface characterization with contact angle measurement. Provides information about protein adsorption.
- Surface characterization. Gas adsorption gives information on surface area in complex surfaces.
- In-vitro Testing

 in-vitro = in the glass
 in-vivo = animal/human testing

In-vitro do not reflect the whole spectrum of possible responses (Reaktionen).

Types of in-vitro, measure the initial reaction, necrotic and toxic reactions at implant side.

- Cytotoxicity tests. Various typs of cells are used.
 - Elution, cells in culture
 - Agar overlay
 - direct contact tests
- Mutagenicity and Genotoxicity tests
 Mutagens are those materials that modify the genome of the host →genotoxic. Ames-Tests
 use a mutant bacterial cell line when the bacteria grow you can see that you material is
 genotoxic.

Hypersensitivity Tests

for Leukocyte migration inhibition, lymphocyte transformation tests and testing individuals about there genetic sensitivity to specific materials.

- Haemocompatibility Tests for testing of cardiovascular prostheses
 - Simple tests with blood
 - Mock circulation tests
 - ex vivo tests

Blood tests are usually performed by comparison with control samples.

Special aspects about blood biocompatibility

Blood has to

- Transport gas
- Immunoresponse
- "Sealing" (Abdichtung) of the vascular system

Erythrocytes = Red blood cells (oxygen transport) by chemical binding of haemoglobin. View discs. By mechanical shear exposure the erythrocytes can be deformed and destroyed. When this the haemoglobin becomes free. For kidney and liver to much haemoglobin (> 30 mg/dl) is toxic. The allowable shear stress depends on amount ($H\ddot{o}he$), duration (Dauer) and type (Art) of shear stress (Scherspannung).

Leukocytes = White blood cells

Immunoresponse, inflammatory response (*entzüngliche Reaktion*), phagocytosis, wound healing. View ball.

Bacteria, which can sit on surface from prothesis, deliver a complex slime which can not be attacked effectively by the leucocytes or antibiotics.

Blood platelets, Blood coagulation (*Blutgerinnung*), together with fibrin building of blood clots (*Blutgerinnseln*) for sealing defective vessels.

Blood plasma, Transport, balancing of osmotic properties, tuning (*abstimmung*) of fluidie properties 55-65% of blood volume.

Blood is a non-Newtonian fluid. The viscosity depends on the shear rate. Money roll formation of erythrocytes in slow flow.



Figure 21: ↑(Zunahme) Share, ↓(dünn flüssiger) Viscosity

In the healthy organism, the clot-demanding

(*Gerinungsfördernd*) and clot-inhibiting (*Gerinnungshemmend*) mechanisms are balanced so that blood clotting or haemostasis should occur. Blood clots consist of a combination of fibrin threads and platelets, with trapped erythrocytes and leukocytes involved in inflammatory reactions.

Vascular prostheses are used to replace vessels or to bypass them. The materials used are Dakron and PTFE. Due to limited biocompatibility, intimal hyperplasia² often occurs at the suture $(N\ddot{a}hte)$ site.

Stents are used to reconstruct dilated vessels and to widen narrowings. They are most frequently used for coronary diseases. There is also a risk of hyperplasia here.

Damage to the heart valve can lead to stenosis³ or insufficiency⁴. In these cases, the valve should be replaced with an artificial heart valve. Artificial valves cause a higher pressure drop. mechanical = hard heart valve Homograft = from donor (Spender)

Donor valves are fixed with dehyd, which ensures that no rejection reaction is triggered. The problem with these valves is that they have a limited shelf life.

Important requirements for valve prostheses

- Low pressure drop with pressure flow (valve diameter!)
- · tightness against backflow
- low blood destruction
- No formation of clots (Gerinnung) (mechanical valves thrombus danger anticoagulant)
- · durability

²Intimal hyperplasia = Unregelmäßige Bildung von Zellansammlungen

³Stenose = Verschluss/Verengung

⁴Insufficiency = Schäche

























2.2 Heart lung machine and Oxygenators



Figure 22: HLM

This system can substitute the pumping function of the heart and the gas-exchange function of the lung over several hours.

It has to provide:

- appropriate (*angemessene*) blood removal (*abnahme*) and blood pressure before returning to the patient
- appropriate oxygenation and CO₂-removal
- filtering
- · warming/cooling
- uptake of spilled (verschütteten) blood
- monitoring of vital parameters
- safety alarms and blockades



Figure 23: 1 Film oxygenators, 2 bubble oxygenators, 3 membrane oxygenators

Image	Pro	Con
Hypothermie Gent Oxygenato CO ₂ =		
Basic scheme	highor priming	more blood trauma
HI M open system, reservoir is open	volume, easier to manage	more blood trauma
TILM Open system, reservoir is open	avoids (vermeidet)	higher complexity
Reviewed and a second s	air contact, need no defoaming (<i>entschäumung</i>)	in components and handling
HLM closed system		

Table 17: Different HLM; Where the scissors is is the place of emergency care when the system e.g. artery filter fails

Open and closed denote (*kennzeichnet*) the possibility of venting (*entlüften*) the reservoir during operation. Open venous reservoirs are mostly constructed as hard shell reservoirs with a defoamer (*Entschäumer*). Closed venous reservoirs, on the other hand, are flexible, collapsible (*kollabierbare*) bags. Air collects at the upper end of the bag and can be removed through a valve (*Ventil*).

Components of a HLM

1. Pumps

Pumps	Image	Advantages	Disadvantages
Roller pumps		 cheap flow proportional to speed no leak at still stand 	 blood trauma spallation of tubing particles limit durability (<i>Haltbarkeit</i>) of tube
Centrifugal pumps	August State	 low blood trauma longer application time 	 leak at still stand thrombus formation expensive

Table 18: Different pump types which are used in heart-lung machines

2. Oxygenators Fick's Law: $VO_2 = \frac{P_1 - P_2}{L} \cdot K \cdot F$

 $VO_2...Oxygen \ perfusion \ per \ time$ $P_1 - P_2$...partial oxygen pressure difference L...Layer thicknes $K...diffudion \ constant$ F...Surface

Oxygen delivery to tissue: $DO_2 = CO \cdot CaO_2$

Oxygen consumption: $VO_2 = CO \cdot (CaO_2 - CVO_2)$

 $DO_2...Oxygen$ delivered to tissue $CO...Cardiac \ output$ $CaO_2...Arterial \ oxygen \ content$ $VO_2...Oxygen\ consumption$ $VCO_2...Mixed$ venous oxygen content



Figure 24: Pressure difference

Gas exchange can be improved by increasing partial pressure difference, turbulence, surface and decreasing blood thickness layer. Plasma should not be transfer through the membrane orifices to the gas phase.

3. Heat exchange

Nowadays he is integrate in the oxygenator. The water in the heat exchanger must not exceed 42 °C.

4. Sensors and alarmsystems

Monitorong includes:

- Pressure
- Flow
- · Level monitoring
- · Bubble sensors
- Temperature
- Oxygen/CO₂ venous and arterial
- Hematocrit
- Timers

5. Tubings

Tubing diameters are shown in inch. For connection to pressure lines, sample removal and drug application you use Luer-Lock system.

6. Cannulas

What cannula are use depends on the inflow and outflow. The masses also in inch. After ventilation, various physiological damages can occur, such as red cell damage, memory problems, etc.

7. Reservoirs and filters

-

O ₂	CO ₂
 Thickness of the blood 	 Membrane long geometry
 Membrane material and thickness 	 Flow rate of sweep gas
 Time of red cells in gas exchange area 	Surface area
 Haemoglobin concentration 	 Blood pCO₂
 Inlet saturation 	Blood flow
	 Membrane lung ventilation flow

Table 19: Factors for O₂ in blood and CO₂ elimination

2.3 Cardiac Assist and Replacement An Overview

A blood pump has to:

- · generate sufficient blood flow
- treat the blood particles gently (schonendeBehandlung)
- avoid (vermeiden) thrombus formation
- · minimal traumatization during and after implant

It gives the following principles of blood pumps. The classification can done in tree types.

Applicaton: Total artificial heart and ventricular assist

Pump type: Pulsatile pumps and Rotary pumps

Duration: short term, bride and long therm

By rotary blood pumps is the bearing (*lagerung*) of the rotors important for blood trauma and thrombus formation. Mechanical bearings include areas of high shear stress, heat and low washout. These factors contribute to blood trauma and thrombus formation. Rotary blood pumps should be simple and small, but you should also have a good biocompatibility.

Classification of rotary blood pumps depend on the baring (*Lager*) technology:

1. mechanical bearing



2. magnetic bearing



3. magnetic bearing combined with hydrodynamic stabilization



Rotary pumps for long clinical use bring many questions:

- · physiological compability of "pulseless" flow
- implant technique
- · optimal pump adjustment and postoperative magnet
- etc.

By rotary pumps you must adjust the flow speed cartful. Because when the speed is to high the patient can become an heart collapse. The wall of the heart are collapse (*einfallen*).



Figure 25: Continuous flow \neq non-pulsatile flow

Pump flow stays somewhat (*aufgrund*) pulsatile due to remaining heart contractility. But the patient has mostly no pulse because the pump rotate so there is no thing who makes the pulse.

MEDIZINISCHE UNIVERSITAT WIEN	Zentrum für Biomedizinische Technik und Physik
Data	a Reported by Home Patients:
Hemodynamics	* AoP * Heart frequency
Pump: #	Performance (flow, power, speed) ⁺ Alarms (caused by pump and handling)
Anticoagulation	: ^{&} INR (either home or laboratory data)
Others:	 * Body temperature (indicator for infection) * Body weight (indicator for fluid balance) & Subjective feeling (ranking 1-5)
* Noted	twice daily; ^{&} daily; ⁺ On demand; [#] by E-Mail _©Schima 0713































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List of Abbreviations

AD	Analoge-Digital
APD	Automated peritoneal dialysis
AV	Arteriovenous
CAPD	Continuous ambulatory perioneal
CCPD	Continuous cyclical peritoneal dialysis
со	Carbon monoxide
СТ	Computed tomography
CVC	Central venous catheter
DAPD	Daytime ambulantory peritoneal dialysis
ECG	Electrocardiogram
EEG	Electroencephalography
EMG	Electromyography
FI	Fehlerstrom-Schutzschalter = Residual Current operated Circuit-Breaker
GFR	Glomerular filtration rate
HLM	Heart-Lung-machine
IPD	Intermittent peritoneal dialysis
MARS	Molecular absorbents recirculating system
NIPD	ight intermittent peritoneal dialysis
NMR	Nuclear magnetic resonance

PID Proportional-integral-derivative